

**Memorandum of
Understanding Between
National Institute of Mental Health and Neuro Sciences (NIMHANS),
India
and
The PEMA Secretariat, Bhutan
on
Building Institutional Linkage**

The National Institute of Mental Health and Neuro Sciences (NIMHANS), India with the vision to *"To be a world leader in the area of Mental Health and Neurosciences and evolve state-of-the-art approaches to patient care through translational research"* and The PEMA Secretariat, nodal agency for mental health in Bhutan with the vision to *"Build a society that promotes the mental health and well-being of all Bhutanese"* (hereinafter referred to as "the Parties");

Desiring to enhance mental health services by building capacity of mental health workforce of Bhutan through institution linkages and knowledge sharing;

Have reached the following understanding:

Purpose/Objective

1. The objective is to build institutional linkages and collaboration for enhancement of mental health services in Bhutan through knowledge sharing and building pool of mental health workforce.

Areas of Cooperation and Collaboration

2. The areas of cooperation under this MoU may include the following:
 - a) **Building capacity of mental health professionals and allied professionals in providing integrated and community-based mental health care**

The long-term degree programme and standardized tailor-made short-term capacity development programme for mental health professionals and other relevant service providers to build a pool of expertise shall be implemented as agreed.



b) Leverage expertise of mental health for developing in-country mental health courses for service enhancement and research

- I. The Parties shall develop in-country courses and programmes for the mental health workforce for community-based mental health care.
- II. Joint research shall be undertaken leveraging on expertise and professionals from NIMHANS.

3. The PEMA Secretariat shall mobilize fund for the proposed capacity building and other joint programmes.

Validity

4. This MoU will be valid for a period of four years and will be renewed automatically for successive periods, unless one of the Parties informs the other in writing of its decision to terminate it.

Termination

5. This MoU may be terminated by either party, at any time, by giving 3 months written notice. The Parties shall mutually consult with each other to determine whether activities under this MoU should continue or not.

Amendment

6. This MoU may be amended with the mutual written consent of both the parties.

Dispute Settlement

7. Any dispute regarding the interpretation or application of this MoU will be resolved through mutual consultations between the Parties and based on the principles of mutual understanding and respect.

Commencement

8. This MoU shall come into effect on 11 November 2025

The foregoing represents the understanding reached between the Parties on the matter referred to in this MoU and does not create any legally binding obligations upon the parties.



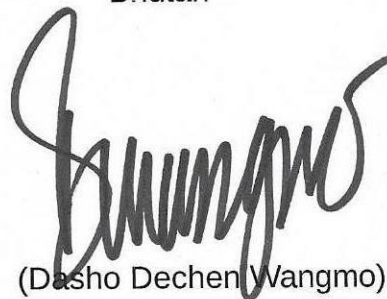
Signed at Thimphu on 11 November 2025.

For NIMHANS
India

A blue ink signature of Shri Sandeep Arya, consisting of a stylized 'S' followed by 'andeep'.

(Shri Sandeep Arya)
Ambassador of India to Bhutan

For The PEMA
Bhutan

A black ink signature of DASHO DECHEN WANGMO, featuring a large, flowing 'D' and 'W'.

(DASHO DECHEN WANGMO)

**Head
The PEMA**